

# Obsidian

THREE-YEAR CLINICAL PERFORMANCE



www.dentaladvisor.com

RATING SYSTEM: Excellent + + + + + Very Good + + + + Good + + +

#### Glidewell Dental Laboratories

www.glidewelldental.com

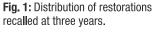
# 98% rating at recall

#### Purpose:

**Obsidian** is a lithium silicate glass ceramic that exhibits excellent translucency, resulting in superior esthetics. It is indicated for crowns, inlays, onlays, and veneers; possesses above average flexural strength and is recommended mainly for anterior and premolar crowns.

#### **Clinical Evaluation Protocol:**

A total of 226 *Obsidian* restorations were placed over a 12-month period. By year three, 206 had been recalled. The *Obsidian* restorations included 64 anterior crowns, 140 premolar crowns and 2 molar crowns (Figure 1). Both upper and lower teeth were restored. Tooth preparation guidelines provided by Glidewell Dental Laboratories were followed. All restorations were fabricated and the internal surface pre-etched by Glidewell Dental Laboratories. Forty restorations were cemented with self-adhesive resin cements and 186 were cemented with adhesive resin cements (Figure 2).



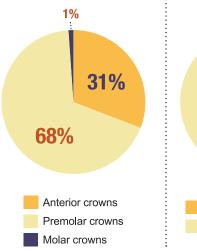
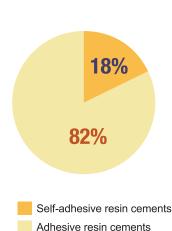


Fig. 2: Types of cements used with *Obsidian* restorations.





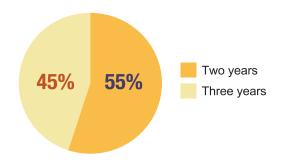
Obsidian, teeth # 6-10 at three years.

### Results at Three-year Recall:

Two hundred and six restorations (88% of the total number of restoration placed) had been recalled by year 3 and were evaluated in the following areas: esthetics, resistance to fracture/chipping, resistance to marginal discoloration, wear resistance, and retention. Of the recalled restorations, 114 had been in function for approximately 2 years and up to 3 years (55% of all recalled restorations) (Figure 3).

Restorations were evaluated on a 1-5 rating scale: 1 = poor, 2 = fair, 3 = good, 4 = very good, 5 = excellent.

Fig. 3: Years in function of *Obsidian* restorations.



#### **Esthetics**

There were 198 **Obsidian** crowns that received an excellent rating of five for esthetics (Figure 4). Eight crowns recieved a rating of 4. Patients, doctors and staff continued to report how natural and beautiful the crowns looked.

#### Resistance to Marginal Discoloration

To date, only two of the recalled **Obsidian** restorations have exhibited slight microleakage in the vicinity of the cervical margin and neither needed any intervention (Figure 4). This is unchanged from the 30-month clinical performance report.

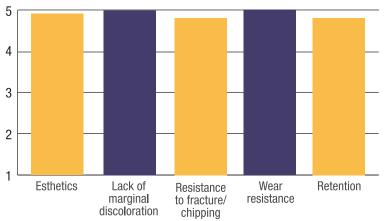
#### Resistance to Fracture and Chipping

For recalled restorations, 197 of 206 *Obsidian* restorations (96%) exhibited excellent resistance to fracture/chipping (Figure 4). Of the remaining 9 crowns, 4 were premolar crowns that fractured, including one when the patient hit his head in a work-related injury. Two additional premolar crowns were replaced due to hairline cracks, and an anterior crown fractured in a patient who was a heavy bruxer and not wearing a bit splint.

#### Wear Resistance

The wear resistance of the recalled **Obsidian** crowns was superb, with 205 of 206 crowns receiving an excellent rating. The remaining crown received a rating of very good (Figure 4).

## Fig. 4: Ratings of *Obsidian* restorations at three-year recall.



#### Retention

Other than the one crown that fractured, four recalled **Obsidian** crowns had debonded at 3 years (Figure 4). For one of these crowns, the core also debonded and a new core and crown was provided. The other three crowns were cleaned, etched and recemented using adhesive resin cement.

#### Summary

Over a three-year period, the clinical performance of recalled **Obsidian** crowns was exceptional. Esthetics, resistance to marginal discoloration and wear resistance were excellent. The restorations will continue to be monitored over time. At three years, **Obsidian** received a clinical performance rating of 98%.