

# EXPAND YOUR PRACTICE WITH DENTAL SLEEP MEDICINE



Kelly B., Silent Nite patient since 2007

Dental sleep medicine has been identified as one of the fastest-growing areas of dentistry.<sup>1</sup> Because patients tend to see their dentist more frequently than they see their physician, dentists are in a unique position to screen for and treat snoring and obstructive sleep apnea (OSA).<sup>1</sup>

- 1 in 4 patients in the dental practice suffers from sleep-disordered breathing.<sup>2</sup>
- An estimated 80% of moderate to severe OSA cases are undiagnosed.<sup>3</sup>
- Your clinical staff can play a pivotal role in OSA risk detection.<sup>3</sup>

## EARN CEUs WITH GLIDEWELL CLINICAL EDUCATION

There are many ways to expand your knowledge in sleep therapy. Whether you have years of experience or you're just starting out, our online or in-person courses teach practical techniques for treating more patients in your practice.



Learn more at [glidewell.com/education](http://glidewell.com/education)



<sup>1</sup>Haley S. Dental sleep medicine: recognizing and screening for obstructive sleep apnea in the dental practice. *Chairside*. 2017;12(2):53-60. <sup>2</sup>Heinzer R, Vat S, Marques-Vidal P, et al. Prevalence of sleep-disordered breathing in the general population: the HypnoLaus study. *Lancet Respir Med*. 2015 Apr;3(4):310-8. <sup>3</sup>Kornegay EC, Brame JL. Obstructive sleep apnea and the role of dental hygienists. *J Dent Hyg*. 2015 Oct;89(5):286-92.

# HELP PATIENTS STOP SNORING AND START LIVING!



“

With Silent Nite<sup>®</sup> Sleep Appliances, I am able to offer my patients a service that may change their lives.

– Diana Batoon, DMD

Private Practitioner in Scottsdale, Arizona  
Glidewell Customer Since 2001



Silent Nite<sup>®</sup> 3D  
SLEEP APPLIANCE



Silent Nite<sup>®</sup>  
SLEEP APPLIANCE



Silent Nite<sup>®</sup>  
with GLIDEWELL HINGE™



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LEARN MORE OR PRESCRIBE

800-854-7256  
[glidewell.com/silent-nite-family](http://glidewell.com/silent-nite-family)



## WHICH DEVICE BEST FITS YOUR PATIENT'S NEEDS?

One of the best ways to maximize treatment success is to select the proper sleep appliance for your patient. To make your selection, consider the clinical situation of each patient, as well as the key features of each appliance.

Each appliance is available as an optional Glidewell Clinical Twinpak™ to help ensure patients never go untreated.

	 Silent Nite® 3D SLEEP APPLIANCE	 Silent Nite® SLEEP APPLIANCE	 Silent Nite® with GLIDEWELL HINGE™
Pricing	\$247* 1 appliance \$394* Glidewell Clinical Twinpak	\$190* 1 appliance \$262* Glidewell Clinical Twinpak	\$275* 1 appliance \$430* Glidewell Clinical Twinpak
FDA-cleared	✓	✓	✓
PDAC-approved	K1027**	E0486	E0486
Snoring	✓	✓	✓
Mild to moderate sleep apnea	✓	✓	✓
Herbst-style design			✓
Metal free	✓	✓	
Freedom of movement	✓	✓	✓
Free AM Aligner®	✓	✓	✓
Impressions accepted	Digital only†	Digital or traditional	Digital or traditional
Stops snoring or your money back††	90 days	90 days	90 days
Maximum advancement	10 mm	6 mm	10 mm

\*Price does not include shipping or applicable taxes. Glidewell Clinical Twinpak is valid for two appliances for the same case. \*\*Covered by many private medical insurance carriers but not covered by Medicare; check with your patient's insurance policy to determine eligibility. †All impressions must be submitted digitally to ensure maximum accuracy and speed; prescriptions via traditional impressions will be filled with a thermoformed Silent Nite appliance. ††Silent Nite stops the snoring or return it within 90 days.

AM Aligner is a registered trademark of Airway Technologies, LLC.

## SLEEP THERAPY IN 3 EASY STEPS

In order to begin treatment immediately upon a positive screen for sleep-disordered breathing, dentists may utilize the **provisional mandibular advancement device (PMAD) protocol**, a straightforward, three-step process to help you treat your existing patients and expand your services without the complexity and delays found with the traditional sleep diagnostic protocol.

### STEP 1

#### Identify and Qualify Your Patients for PMAD Therapy

Evaluate patients for their risk of sleep-disordered breathing.



### STEP 2

#### Informed Consent

After referring your patient to a sleep specialist for definitive diagnosis, discuss provisional therapy and include the signed informed consent document in your patient's file.



### STEP 3

#### Provide Provisional Treatment

Initiate oral appliance therapy for improved health.



To learn more,  
visit [glidewell.com/pmad](https://glidewell.com/pmad).